



**TARUN[®]
SARDESAI
GOLF
ACADEMY**

INDIA'S FIRST HIGH PERFORMANCE GOLF ACADEMY

Residences

Academics

Sports Science

Zion Hills Golf County Kolar



**CONTACT US
9986801888**

DESIGNING YOUR CHILD'S FUTURE

The academy is the brainchild of Tarun Sardesai, also the Director of Instruction at the academy. Tarun's vision was to create an eco-system of excellence that gives talented young golfers the best opportunity to hone their skills to compete at the highest levels (Asian Tour, European Tour, PGA), and make a career playing the sport. The academy is a realization of this vision.

FOR MORE INFORMATION ON OUR
PROGRAMS VISIT US AT
WWW.TSGACADEMY.IN



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A PROVEN SYSTEM



2021 was a landmark year for the academy with **Shaurya Binu** winning the All Indian Junior Championship and **Aryan Roopa Anand** winning the All India Amateur Championship for the second time in a row.



In **2018 Viraj Madappa** became the **youngest Indian to win an Asian Tour** event when he won the Take Solutions Masters in August.

In **2018**, the **top 5 male golfers in the under-18 category** on the South Zone Junior Golf Tour were from the TSG Academy, with a notable youngster **Tej Gangavarapu** winning 9 out of the 10 tournaments that he took part in.

In **2014 Trishul Chinnappa** won the All India Amateur Championship.

In **2019** when **Aryan Roopa Anand** won the All India Amateur Championship for the first time, he also **created history** by being the first player in 119 years to win both the stroke play and match play formats.



Historically, **Sharmila Nicollet** was the first Indian lady golfer to qualify on the Ladies European Tour in 2012, and,

Aditi Ashok who trained with Tarun from 2006 to 2013, became the youngest Indian at 13 years to win a Professional tournament in India and is currently also competing on the world stage.



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THE CAMPUS



20 bay Driving Range

40,000 square feet for Putting and Chipping practice greens

9 hole golf course

Residential capacity to house 40 student players and 10 support staff

Learning centre for the players to pursue their academics

Sports Science center

State of the art indoor studio



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OUR SYSTEM OF COACHING

develops all-round athletes

gives players a complete understanding of their
golf swing and technique

tracks performance from the intermediate level

expects accountability from players and
coaching staff alike

makes players practice more effectively

lays the foundation of discipline early
in their life

educates parents on effectively parenting a
sportsman



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SINGULAR TEACHING PHILOSOPHY

The success of the academy rests on a cohesive coaching team that has a clear understanding of the academy's philosophy.

At TSG the focus is on every coach speaking the same language.

Regular knowledge sharing sessions for the coaching staff are conducted to get them informed with the recent and latest developments in the world of golf technique and technology.



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The academy works hard to teach and build COACH INDEPENDENT PLAYERS.

For any student who is coach dependent, the success rate will naturally be very low and progress very slow because the student requires to build confidence in his own ability to process information and do the work given, to analyze progress as per the path laid down.

At the academy every student has a 52 week plan for coaching integrated with sports science. Every quarter the practice plans are studied and modified as required based on competition performance and on-course sessions with the coaching team.



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HOLISTIC TRAINING AND LIVING

RESIDENCES

with Players lounge, recreation room,
meditation hall, music room and
infirmary

INDOOR ANALYTICS

for short & long game

NUTRITION

catered for by in-house kitchen along
with personalized counselling for
students

FITNESS CENTER

for Strength and Conditioning, Injury
Management and Physiotherapy

MINDFULNESS TRAINING

to help create greater awareness

CLUB FITTING

for regular specification checks



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DISCIPLINE AND ROUTINE AT THE ACADEMY



ASSEMBLY at 6am

5 hours of golf

2 hours of fitness

3 hours of academics

Phones only for 30 minutes
a day



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AN ENVIRONMENT AND ECO-SYSTEM OF EXCELLENCE THAT ALLOWS GOLF AND ACADEMICS TO CO-EXIST

Players live
like a professional
sports person
early on

They are
empowered
and
independent

They work with
a team of
professionals
supporting them

They become
stronger
at knowing
'who' they are

They are able
to focus on sports
as well as education;
managing their
time differently

They become
strong and healthy
individuals who will
lead an active lifestyle
and be successful
in life



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OUR ACADEMICS PROGRAM

Our academics program is INTEGRATED with the training and tournament schedule of golfers

Academics does not hinder or slow down their golf, and neither does golf interfere with their studies

They can choose from a variety of Boards:

IB-DP MYP: Grades 6-8

IGCSE: Grades 9-10

IB-DP: Grades 11-12

CBSE: Grades 6-8

NIOS: Grades 9-12

We work with athletes who either:

- a) Want to play golf professionally, and/or,
- b) Want to leverage their golf for a scholarship abroad

We have college counselling and placement partners for India and other countries



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OUR SPORTS SCIENCE PROGRAM



Comprises of Strength and Conditioning coaches and, Physiotherapists
Injury prevention systems

Helps players be consistent with grueling training and tournament schedules

Scientific approach to training to shorten the learning curve

Data driven



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ABOUT Tarun Sardesai



A former touring professional who realized 20 years ago that his calling was in teaching, Tarun continues to teach Juniors, Amateurs and Professionals.

Being one of the most highly certified coaches in the country, his passion for learning continues as he upgrades his knowledge with relevant international certifications year on year, simultaneously building a network of international coaches to improve his diagnostic skills on the long and short game.

Tarun is not only a coach but also a mentor to all the players which makes all the difference.

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