

# Finish Strong

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## **3** tips from us

#### Expose your child to multiple

#### sport

As difficult as it may be, exposing your child to multiple sport is important for them to become physically literate. The ABCs of long term athletic development are Agility, Balance , Speed and Coordination which will give your child an advantage over the rest of the kids.

#### Watch your language

As a sporting parent you must watch what you say as it is important to build your child's self belief during the formative years in sport. A simple thing like asking "why" the performance was not good will hurt a child's self image and belief. Focus on the positives and say things like "I really enjoyed watching you play". This will go a long way building a love for sport as well.

#### Chose a mentor over an

#### instructor

Most young sportsmen don't need instruction. They need mentorship so when choosing a coach for your child look for qualities that tell you that the person will inspire and motivate your child to be the best that they can be.

## #CREATING CHAMPIONS

## 2 quotes from others

"If you watch a game, it's fun. If you play at it, it's recreation. If you work at it, it's golf." -Bob Hope

"To find a man's true character, play golf with him." -P G Wodehouse.

## question for you

What's the most important quality you would want to build in the young budding sportsman that is your child?

#### Top news of the month

We conducted our inaugural TSG Invitational tournament in November which saw 125 CXOs come out and support our cause of building champions in golf.

6 of our players showcased their skills much to the delight of the participants who loved the format and are no doubt looking forward to next year's edition!

A short video from our nutritionist Ryan Fernando of Qua nutrition for our participants and any adult golfer who plays the game passionately!

Play into your 80s click here to watch



Tarun Sardesai Director of Instruction

#### First and foremost...

TSG Academy has been a dream and to now be 6 years into this journey is a great feeling.

Helping youngsters achieve their potential in the sport in our environment of excellence comes with great responsibility and I am proud to say that all teams have worked hard with passion and dedication.

Last year our highlight was the Amateur and Junior National championships being won by academy players Aryan and Shaurya.

The players have had a great year and we are looking forward to a good month with Aryan vying for his 3rd National Championship in a row in Mumbai next week.

Wishing you all a very happy and golf filled new year 2023!!

VISIT OUR WEBSITE FOR INFORMATION ON OUR PROGRAMS!





October - Shaurya Binu showed true grit to get the job done and win his first National Amateur title.



November - Shamit Dakhane won in Category A at the West Zone Junior Championships in Kalhaar in Ahmedabad. He shot 77 and 78 and won on the first playoff hole.

#### IGU EASTERN INDIA AMATEUR GOLF CHAMPIONSHIP 2022



October - Aryan Roopa Anand wins the Easter Amateur Championship. 4 holes down with 6 to play in the 36 hole final and what we witnessed from there was almost surreal.

November - Shayaan Khadri performed excellently at the South Zone Junior Golf Championship at HGA in Hyderabad. He shot a career best 1 over par 71 in the second round to come back and win in Category A.

happy



**October - Great achievement by** 

Acharya to finish with the Gold &

**Silver in the 9th Nepal National** 

Games held at the picturesque

Subhash shot 68 & 69 while

Sadbhav shot 70 and a 68.

Himalavan Golf Course in Pokhara.

Subhash Tamang & Sadbhav

November - Nilofer Sivamoorthy finished 3rd in Category C at the South Zone Championships held at HGA in Hyderabad.

October - Aryan Roopa Anand showed a fantastic performance with scores of 72,72,70 and 71 to guide Karnataka to a Silver Medal in the National Games 2022 held at Kensville GC in Ahmedabad.



November - Varun Muthappa put on yet another amazing performance at the South Zone Amateur Championship at the HGA in Hyderabad. His 2 rounds of 70 and 70 got him into a playoff which he won on the first playoff hole with a birdie. He ends the season as the #1 ranked Amateur in the South Zone.

