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tips from us

## #CREATING CHAMPIONS

**How training your competition mindset can lower scores**

### DRIVING RANGE

Learn to go deep in practice and what that means is try and re create the emotions of excitement or nervousness while doing random practice on the range.

### PRE ROUND /TOURNAMENT

Set very clear mindset goals before each round or even tournament so that you are clear about the end game. Keep the focus only on your mental state and your goals which should then over time blur out the fear of negative outcomes.

### EMOTIONAL RESPONSE

Condition your emotional response to how well you stuck to your minsdset goals rather than the score. When you master this you will always come off the golf course in a good frame of mind. This will lead to more comnsistency and tournament wins.

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quotes from others

*"A belief system is nothing more than a thought you've thought over and over again."*  
~ Wayne W. Dyer

*"The height of your success is determined by the depth of your belief."*  
~ Zig Ziglar

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question for you

How are you measuring practice performance?

## Top news of the month

The Clover Greens Golf Academy is now powered by TSG.

Come December 2023, we begin training programs for juniors and advanced golfers, including adults.

We are looking forward to bringing systematic, high quality instruction into the heart of the city.



Tarun Sardesai  
Director of Instruction

First and foremost...

I am really excited about our alliance with the Clover Greens Golf Academy. This will be great for young golfers from Bangalore who will now have access to the TSG system of training.

It is very imprtant to have young players and parents having access to good information as it ensures that they progress at a steady rate and also stay in the game longer.

We also have great plans for the facility!

I hope to see all of you at our launch.

Happy Diwali!

VISIT OUR WEBSITE [WWW.TSGACADEMY.IN](http://WWW.TSGACADEMY.IN) FOR INFORMATION ON OUR PROGRAMS!

# NOTABLE MENTIONS FOR THE MONTH



## RYAN ADVIK

*Winner in his category at both U.S. Kids Southern India events at Clover Greens, Bangalore, with scores of 41 and 42 for 9 holes.*



## SHAMIT DAKHANE

*secured the runner-up position in the Amateur category at the West Zone tournament held at Poona Golf Club.*

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TARUN  
SARDESAI  
GOLF  
ACADEMY



ZION HILLS  
GOLF COUNTY

ZION HILLS GOLF COUNTY, KOLAR  
HOME OF TSG ACADEMY