



JUNIOR TALENT HUNT

20 JUNIORS

4 SCHOLARSHIPS

Top news of the month

TSG Academy launches its latest program in support of the armed forces with 2 summer camps in April and May respectively.

The goal is to give children from the armed services background an opportunity to get high level training as well as offer scholarships to parents of deserving juniors who are willing to have their kids stay and train with us on a program.

IN SUPPORT OF THE ARMED FORCES

3 tips from us

#CREATING CHAMPIONS

Pre-Performance Visualization

This involves mentally rehearsing the upcoming competition or training session. The athlete imagines themselves performing at their best, visualizing every detail, from their movements to the environment. This type of visualization can help athletes build confidence and reduce anxiety before a competition.

Skill-Specific Visualization

This involves focusing on a particular skill or technique that an athlete wants to improve. The athlete mentally rehearses the skill, imagining themselves executing it flawlessly. This type of visualization can help athletes improve their technique and build muscle memory.

Recovery Visualization

This involves imagining the body healing and recovering after intense training or competition. The athlete visualizes their body repairing and rejuvenating, reducing the risk of injury and fatigue. This type of visualization can help athletes recover faster and perform better in subsequent competitions.

2 quotes from others

"Visualization is the practice of seeing in your mind's eye what you cannot see with your physical eyes."
- Dr. Bob Rotella

"Visualization is daydreaming with a purpose."
- Bobby Jones

1 question for you

Is my child playing for me or themselves?



Tarun Sardesai
Director of Instruction

First and foremost...

March turned out to be an exciting month for the academy players with many of them doing very well on their respective circuits.

It was good to see Sumit Kotwal having 2 back to back top 5 finishes on the National Amateur circuit with the 4th place finish at the Northern India being his best ever.

Aryan has made a good transition to the professional circuit with his 2nd place finish at the Gujrat open. He lost out by a solitary stroke but am sure it has done wonders for his confidence.

The TSG academy is going from strength to strength with our student base reaching an all-time high of 53 players and counting, as more get ready to join us shortly.

The Junior boys and girls seasons are due to start and we are looking forward to an exciting season this year.

NOTABLE MENTIONS FOR MARCH



Aryan Roopa Anand

Aryan finishes 2nd by 1 stroke in just his second professional event at the Gujarat Open Championship held at Kalhaar Blues and Greens, Ahmedabad.



Tej Gangavarapu

Tej finishes 9th at the Qatar Open



Sadbhav Acharya and Subhash Tamang

Sadbhav (left with trophy) and Subhash (right with trophy) won the team event for Nepal at the Bangladesh Amateur Championship.

Subhash also finished 2nd in the individual section of the same tournament.



Sumit Kotwal

Sumit had his best ever performance on the National Amateur Circuit with a 4th place finish at the Northern India Amateur Championship held at the Rambagh Golf Club in Jaipur. He finished 4 strokes behind the eventual winner

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