

## Finish Strong

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#### First and foremost

Wishing all of you a very Happy Diwali from all of us at TSG. We hope the season gives you as many reasons to smile as it has us.

Last month's 'top news of the month' has a whole page dedicated to it. Not often does this happen, but with all of your support for the work that TSG is putting in to build a strong development systems for our young golfers, it is humbling. Thank you, always.

Tarun Sardesai **Director of Instruction** 



#### **BIG WINS, BIG SMILES: OUR NEWS OF THE MONTH!**



#### **National Victory for Shamit Dakhane**

The podium finish eluded Shamit for a while, but a fantastic show of "sticking to the game plan" worked beautifully and he claimed his first National title at the IGU Western India Junior Boys Championship in Pune with a 6-stroke lead.

Shamit has been consistently working on his mindset and committing to the technical work at the academy, and thats what makes this win very special.



Kaya's focus and commitment to her processes have held her in good stead consistently as she brings home another win this year!

In the same tournament last year, Kaya came very close but one bad hole pushed her back to 3rd place. This IGU Rotary Southern India Open win was therefore that much more special as she finished 3-under for the week.



#### **Bringing Golf to Government Schools**

Rotary Golf Foundation spearheaded by Mr. FR Singhvi and Mr. Praveen Singhvi have decided to take golf into Government Schools by partnering with TSG to provide the training.

The opportunity is exciting and we believe it is a big step in the direction of democratising this wonderful sport.



#### 2 NEW partnerships to give more study options to our students!













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# 3 tips

# #CREATING CHAMPIONS

## Balancing Athletic & Personal Growth

#### **Support Beyond Sports**

Encourage your child to explore interests beyond athletics. Discuss their non-sport dreams and friendships, ensuring time for hobbies, schoolwork, and relaxation. Prioritize their happiness to prevent burnout and support long-term well-being

#### **Building a Balanced Identity**

It's crucial to define yourself beyond your sport. Build a balanced self-image by focusing on family, academics, hobbies, and future goals. This approach helps athletes face challenges and prepares them for life after sports.

### Incorporating Rest and Recreation:

Schedule dedicated time for nonsport activities such as reading, music, or social interaction. These practices reduce stress, prevent burnout, and contribute to improved athletic performance.

## 2quotes

"Great things are not done by impulse, but by a series of small things brought together." Vincent Van Gogh

"Balance is not something you find, it's something you create."

Jana Kingsford

## question

How can you create more opportunities for personal growth and enjoyment beyond your (or your child's) athletic achievements?





#### **NOTABLE MENTIONS**

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM

### IGU - HGA SOUTH ZONE GOLF **CHAMPIONSHIP 2024**



**Advay Bagla** Runner-Up Category B



Winner Amateur



Sriram Nandigam Runner-Up Category A



Manvi Singhania Runner-Up Category A



#### **NOTABLE MENTIONS**

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM

# IGU - EPGC South Zone Golf Championship 2024



**Advay Bagla** Winner Category B



**Sriram Nandigam** Winner Category A



**Isha Rajesh** Winner Category C



**Jaitirth Warrier** Runner-Up Category A