



## Top news of the month

"In February, I had the pleasure of being a TEDx speaker at NMIMS Bangalore. It was an honor to be recognized as a coach and visionary, and I thoroughly enjoyed the 18 minutes in front of the audience. I spoke about the importance of embracing failure to be at one's best, as I have always believed that disinvesting from the outcome leads to great things." ~ **Tarun Sardesai**

## #CREATING CHAMPIONS

### 3 tips

#### PLAYING GOLF SHOTS FROM THE ROUGH

##### ASSESS THE LIE AND GRASS LENGTH

Before you decide on your shot, carefully assess the lie of the ball and the length of the grass. If the ball is sitting down in thick rough, you might need to use a club with more loft to help get the ball airborne. Conversely, if the ball is sitting up, you might have more flexibility in club selection.

##### ADJUST YOUR STANCE AND GRIP

Position the ball slightly back in your stance and make your grip a little firmer than usual. This adjustment helps you make a steeper swing, which can cut through the grass more effectively. A firmer grip also prevents the club from twisting in your hands due to the thick rough.

##### AVOID OVER-SWINGING

When hitting from the rough, choose a club that can easily get through the thick grass, such as a lofted iron or a hybrid. Avoid the temptation to over-swing in an effort to power through the rough. Instead, focus on making solid contact with a smooth, controlled swing. Over-swinging can cause you to lose balance and control, leading to poor contact and an unpredictable shot.

### 2 quotes

*"You don't have to swing hard to hit a home run. If you got the timing, it'll go"*  
**Yogi Berra**

*"Efficiency is doing things right; effectiveness is doing the right things."*  
**Peter Drucker**

### 1 question

How do you adjust your technique when playing a shot from the rough?



Tarun Sardesai  
Director of Instruction

#### First and foremost

I don't think I have ever spoken about how much joy it gives me to see youngsters eat their vegetables and readily give up their phones to pursue their dream.

Neither is easy and both require training. To see students as young as 12 years choosing to live everyday like elite athletes and doing this for years together gives us a great sense of pride.

I've always believed that we are building great individuals first, because then the golf will just flow.

With Gratitude

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM



**ANANTHI VIVEK**  
Winner: U21 Category  
Faldo Series in Al Ain, UAE



**KRIDAY KESARWANI**  
Winner: 2-Club Challenge  
Abeer Gulal Golf Tournament, Lucknow



**SHWAAS KURADA**  
2nd Runner-Up: C Category  
Clover Greens Monthly Medal  
Powered by TSG



**RYAN ADVIK**  
Winner: D Category  
Clover Greens Monthly Medal  
Powered by TSG



**ADVAY BAGLA**  
Winner: B Category  
Clover Greens Monthly Medal  
Powered by TSG



**KRITHIK KALIDINDI**  
Winner: C Category  
Clover Greens Monthly Medal  
Powered by TSG



**MANVI SINGHANIA**  
Winner: A&B Category  
Clover Greens Monthly Medal  
Powered by TSG



**ADVAITHA MAHESH**  
Runner-Up: E Category  
Clover Greens Monthly Medal  
Powered by TSG



**DIA CRIS KUMAR**  
Runner: Mixed Category  
Clover Greens Monthly Medal  
Powered by TSG



**ISHA RAJESH**  
Winner: C Category  
Clover Greens Monthly Medal  
Powered by TSG



**Myra Narsipur**  
Runner-Up: D Category  
Clover Greens Monthly Medal  
Powered by TSG

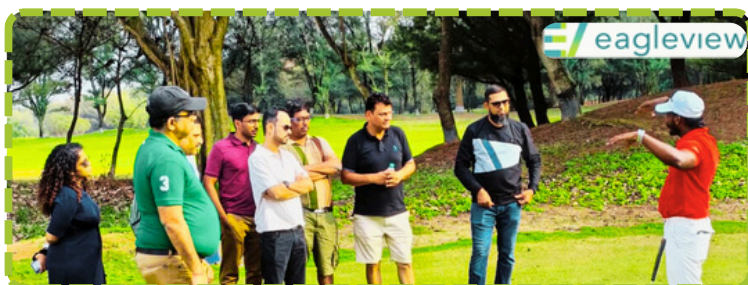


**ARPITHA SHAJI KS**  
Runner-Up: C Category  
Clover Greens Monthly Medal  
Powered by TSG

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## NEWS ABOUT WHAT'S HAPPENING AT TSG'S SATELLITE PROGRAM



Calling all  
Beginner and Intermediate level players.  
DM Avinash at 9036857377 to register.

### JUNIOR MONTHLY MEDAL

TSG Academy's **6th Junior Monthly Medal** was an exciting day of competition and sportsmanship, leaving every young golfer inspired!

### CORPORATE CLINICS

**Eagle Eye View** and **ServiceNow** members enjoyed an action-packed golf clinic at TSG Academy, honing their skills and claiming bragging rights!

### CONTINUED EDUCATION PROGRAM

TSG Academy is known for to share knowledge and grow the skills of their coaches in an organised and structured manner. Each week, we learn together to ensure that all students and adults get the best information they an.

## JUNIOR DEVELOPMENT PROGRAM PARENTS SPEAK

Coaches have been instrumental in improving my daughter's game. Their patience, expertise and enthusiasm made every session enjoyable. I appreciate their emphasis on mental toughness and strategic thinking  
-Vikaas Chandra, Father of Vedita Chnadra

Vihaan Started training with TSG around a year ago in the Basic Junior Development Program and since then he has improved his game significantly. Coaching by TSG has been structured and very critical in building his game. We are looking forward to Vihaan moving into the Intermediate Junior Developments Program soon.  
-Vinay Kumar, Father of Vihaan Bhagat

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