



## Top news of the month

TSG is proud to announce a five-year association with the **Royal Calcutta Golf Club**, sharing a vision to build a world-class holistic academy ecosystem. This partnership will focus on creating future champions and developing coaches through a structured system blending coaching, sports science, and upgraded facilities.

The launch is set for October this year, marking the beginning of an exciting journey to position RCGC among the best academy systems in the world.

## 3 tips **#CREATING** CHAMPIONS

### THE ART OF PRACTICE

#### WHAT IS PRACTICE?

Practice is the act of rehearsing a behaviour or movement repeatedly to learn and eventually master a skill. How well one improves depends on factors like practice frequency and the quality of feedback. If feedback is inappropriate (from an instructor or self-reference), practice can become ineffective or even detrimental to learning.

#### TYPES OF PRACTICE IN GOLF

The two most common types of golf practice are block practice and random practice. What are they?

##### Block Practice:

Rehearsing a movement with the same club over many balls without focusing on the target or result. It's key when learning new swing mechanics.

##### Random Practice:

Hitting balls to different targets while changing clubs, simulating real on-course situations with competition-level intensity.

#### WHEN TO DO WHICH KIND OF PRACTICE?

Better players use block practice in the off-season to refine mechanics, then shift to random practice about two weeks before tournaments. If you excel in practice but struggle under pressure, you're likely not practicing random drills effectively.

## 2 quotes

*"The will to win is important, but the will to prepare is vital."*

- Joe Paterno

*"Success is no accident. It is hard work, perseverance, learning, studying, sacrifice, and most of all, love of what you are doing."*

- Pele

## 1 question

When was the last time you went into a practice session with clear goals on what you want to achieve?



Tarun Sardesai  
Director of Instruction

#### First and foremost

We've had a whirlwind month with 2 PGTI events back to back in Bangalore, which were intense with tight fairways and windy conditions in Clover Greens and Zion Hills, respectively. It was great to have all the professionals being challenged by the courses, and even though they found it tough out there, they thoroughly enjoyed the experience. Zion Hills is now one of the favourite venues with the pros, and it's become a great course to challenge our academy players as well.

On another note, soon you will see updates from our RCGC program. The TSG Network is growing, and we are very excited to see the game being played by many more who don't have access to golf or golf courses. Stay tuned for more news.

With Gratitude

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM



## SUBASH TAMANG

6<sup>th</sup> Position: Professional  
PGTI Players Championship  
at *Zion Hills Golf Country*



## VIVAAN UBHAYAKAR

5<sup>TH</sup> Position: A Boys Category  
IGU NCR Junior Boys Cup  
at *Jaypee Wishtown Golf Course*



## SUBASH TAMANG

Tied for 4<sup>th</sup> Position: Professional  
PGTI Players Championship  
at *Clover Greens Golf Course and Resort*



## LAVITH PRASAD

Runner-Up: B Boys Category  
Junior Golf Monthly Medal  
at *Bangalore Golf Club*



## RYAN ADVIK

Runner-Up: 10-11 Years Category  
Sri Lanka Junior Match Play  
Championship 2025  
at *Royal Colombo Golf Club*



With Gratitude





## NEWS ABOUT WHAT'S HAPPENING AT TSG'S SATELLITE PROGRAM



## TSG'S INTENSIVE TRAINING SESSION

Aligned with TSG's focus on complete player development, Coach Murtaza led sessions with dynamic warm-ups, agility, and speed drills. The focus then shifted to various chip shots, followed by pressure-tested performance in a three-hole challenge. Emphasis was placed on refining the pre-shot routine to build consistency and confidence under competition.



## PLAYERS MEET: SKILL &amp; STRATEGY

Coach Murtaza led this month's Players Meet, tailoring sessions to each group's level. Advanced and Intermediate Junior Development Programs worked on chipping assessment—reading lies, landing zones, trajectories, and shot selection. The Basic Program focused on fundamentals like understanding the game, scoring rules, and common formats.



## SCHOOL GOLF PROGRAM HIGHLIGHTS

We kicked off The International School Bangalore golf program this month, welcoming both boarders and day scholars. Sessions focused on building a strong foundation in the game's fundamentals. We also conducted a demo at Indus International School, introducing kids to long game basics and putting through a fun, interactive session using a putting mat.



## FROM OUR GOLFING FAMILIES



Both the trainers, Manu and Diwakar were excellent and gave information about the game from basics. They were attentive throughout the session. I am improving in the game as they are correcting the shots in a very timely manner with their expertise.

Looking forward for more sessions

~ Sonal Chandarana



Coach Manu teaches excellent game play and contact so my overall feedback is good. He makes it very interesting

~ Havish