



## Top news of the month

**Ooty Golf Club** has long been one of our favourite venues for its hospitality and challenging course. We are delighted that the club has placed its trust in TSG to drive a new phase of golf development at this iconic facility.

With a shared commitment to growing the game and building an ecosystem for excellence in the Nilgiris, the future looks bright.

## 3 tips **#CREATING** CHAMPIONS

### PRACTICE PEAKING INTO AN EVENT

#### 3 WEEKS OUT: OWN THE SWING

Peaking begins about three weeks before an event. In this phase, coach and player finalize swing moves, key thoughts, and feels, then spend the week doing block practice to ingrain them. Toward the end, they shift to semi-block work, using different clubs to different targets while still committing to the selected swing move or feel.

#### 2 WEEKS OUT: TRAIN AND TEST YOUR SKILL

Week two shifts from technique to performance. Players sharpen distance, trajectory, and shot-shape control while adding pressure drills to test execution and mindset. They also apply these skills on course by playing at least two 18-hole or four 9-hole rounds.

#### 1 WEEK OUT: COURSE MANAGEMENT & MINDSET

Start with a distance check for every club, then play three 18-hole or five 9-hole competitive rounds on varied courses to sharpen course management. On the range, simulate tournament shots using visualization and full routines to prepare both physically and mentally for the event.

## 2 quotes

*"Practice does not make perfect. Only perfect practice makes perfect."*

- Vince Lombardi

*"Failure to prepare is preparing to fail"*

- John Wooden

## 1 question

Do you plan your practice for a specific outcome?



Tarun Sardesai  
Director of Instruction

#### First and foremost

It's been a tremendous month and one that I will hold very dear. The reason being, in the past few weeks TSG has started operations in another 3 centres, allowing my personal dream of putting a golf club in the hands of more children, come one step closer to.

This feeling of a country slowly waking up to high quality golf instruction not only for golfers but also grooming the next generation of coaches is very satisfying. Soon to be 10 years, the TSG coaching philosophy has taken shape beautifully and we are seeing some great young coaching talent take to the system.

Watch this space for more exciting news each month!

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM



**RYAN ADVIK**



2nd Runner-Up: U-10 Boys  
U.S. Kids Golf Indonesia  
Championship 2025  
at Gunung Geulis Country Club



**SUMIT KOTWAL**



Winner: Mixed WAGR Category  
TSG WAGR Series 2025 – Event 3  
at Zion Hills Golf County



**LAVITH P**



Runner-Up: 15 & Below Mixed  
Junior Category  
TSG WAGR Series 2025 – Event 3  
at Zion Hills Golf County



**ARYA DESHMUKH**



2nd Runner-Up: 15 & Below Mixed  
Junior Category  
TSG WAGR Series 2025 – Event 3  
at Zion Hills Golf County



**SAHARSH IYER**



Winner: Category A  
EPGC – South Zone Golf  
Championship 2025  
at East Point Golf Club



**DARAHAS PANDITI**



Winner: Category B  
EPGC – South Zone Golf  
Championship 2025  
at East Point Golf Club



**LAVITH P**



Runner-Up: Category B  
EPGC – South Zone Golf  
Championship 2025  
at East Point Golf Club



**RYAN ADVIK**



Runner-Up: Category D  
EPGC – South Zone Golf  
Championship 2025  
at East Point Golf Club



**NANDAN S**



Winner: Junior Stableford Category  
Zion Hills Monthly Medal (October  
2025)  
at Zion Hills Golf County



**MYRA NARSIPUR**



Runner-Up: Combined Category D  
(Boys & Girls)  
BGC Monthly Medal  
at Bangalore Golf Club



**LAVITH PRASAD**



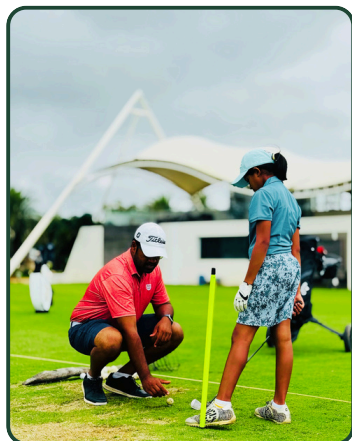
Winner: Category B  
BGC Monthly Medal  
at Bangalore Golf Club

With Gratitude





## NEWS ABOUT WHAT'S HAPPENING AT TSG'S SATELLITE PROGRAM



### CLOVER JDP PROGRAM - ZION VISIT:

As part of the Advanced Junior Development Program, players visited Zion Hills to refine their long game, putting, and course management skills. The session offered valuable on-course learning, enhancing their technique, strategy, and overall understanding of the game.

### CONTINUED EDUCATION PROGRAM:

Coach Murtaza led a focused session with the Clover team, reviewing player swings to refine coaching direction and lesson structures. The session emphasized skill-based learning for younger players, key Phil Kenyon putting drills, and effective launch monitor use for better distance, contact, and trajectory control.

### FROM OUR GOLFING FAMILIES



TSG is a truly wonderful academy. We have immense trust and faith in Tarun and all the coaches of TSG. The approach is holistic and always keeps the child in mind. Would always recommend TSG. The TSG set-up in clover is extremely smooth and professional.

Thank you

~ Anushree, Mother of Kabir, Intermediate Junior Development Program



Well Structured Course and sense of programs. Manu is a patient and encouraging coach that helps with the enjoyment of the game.

~ Kate Reynolds, Principal of The International School Bangalore, 5 lesson Program

With Gratitude



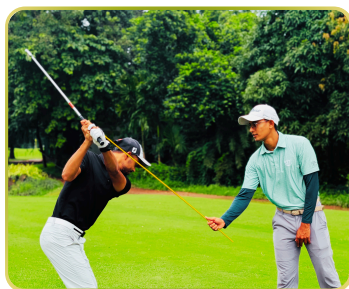


TARUN  
SARDESAI  
GOLF  
ACADEMY

TSG  
NETWORKS

EDITION #28  
OCT/NOV 2025

## A GLIMPSE INTO OUR GROWING NETWORK OF SATELLITE CENTRES



The Royal Calcutta Golf Club  
The Home of Golf in India since 1829

## TSG RCGC CENTRE

Our work at RCGC involves running a solid Junior Development Program with a robust learning module for the 17 coaches they have.

This program has an interesting model with our coaches from the Kolar academy making monthly visits to run our "Train the Trainer" program and to also equip them to build and deliver a good Junior Development Program.



## TSG OGC CENTRE

Located at the scenic Ooty Gymkhana Club, the centre offers personalised coaching for members and non-members, along with TSG's Junior Development Program (JDP).

TSG Academy has one of its own coaches placed there permanently and we are working hard to build a culture of learning and training.



## BEGUR SCHOOL PROGRAM

A first-of-its-kind initiative at Vidya Vikas Govt High School, the Begur program introduces golf to school students through TSG's school golf initiative, reflecting our vision of making the sport inclusive and accessible to all.



With Gratitude

