

# FINISH STRONG

EDITION #30

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DEC/JAN 2025-26

## 157 PODIUM FINISHES IN 2025

This month capped off a stellar season as four TSG athletes finished Rank 1 in the South Zone for 2025, underlining a year defined by grit, focus, and consistency. Together, TSG students clocked an incredible 157 podium finishes in 2025, a true reflection of consistency across the academy.

What a year it's been! Watching every athlete grow has been immensely rewarding, and we can't wait to see them take on 2026 with even bigger goals and bolder dreams.

## COURSE MANAGEMENT STRATEGIES

### 3 tips

#### SMART CLUB SELECTION

Smart golf begins with right club in hand. Many players chase distance, but the smarter approach is to choose clubs that keep the ball in play and set up the next shot factoring in distance gaps, wind direction, elevation changes, and even course firmness helps golfers make calculated choices that save strokes.

#### PLAYING TO YOUR STRENGTH

Every golfer has strengths they trust most. Some are accurate drivers, others rely on wedges, and some shine with the putter. Playing to your strengths means building your round around reliable shots and avoiding situations that expose weaknesses. Leaning on go-to shots under pressure helps maintain confidence and momentum.

#### RISK VS REWARD DECISIONS

Golf presents constant decisions—lay up safely or attack the green, fire at a tucked pin or aim for the fat side. Good players weigh risk versus reward before choosing. Knowing when to be aggressive and when to play safe is a vital skill, and often the safer choice leads to fewer mistakes and more consistent scoring.

### 2 quotes

"Golf is a game of managing mistakes"

- Jack Nicklaus

"The smartest shot is often the safest shot"

- Harvey Penick

### 1 question

Can smarter course management lower your scores even without changing your swing?

WITH GRATITUDE



Tarun Sardesai  
*Director of Instruction*

#### First and foremost

When it was time to write this segment, many thoughts were running through my mind steeped in gratitude, until this message came in from a parent. It says everything about TSG and our team. No more words needed.

'As we look back on 2025, our hearts are full of gratitude for the incredible impact you've had on Isha. You've been so much more than coaches; you've been mentors who believed in her when the game got tough and celebrated her when she soared. Thank you for shaping not just her swing, but her character. We are so excited to see what 2026 holds under your guidance. Happy New Year to you and the entire TSG team.'

2026! We walk into the new year with humility and a grateful heart.

**#CREATING CHAMPIONS**

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM



**SAHARSH IYER** 

Winner: A Category  
South Zone Order of Merit 2025



**LAVITH P** 

Winner: B Category  
South Zone Order of Merit 2025



**ISHA RAJESH** 

Winner: C Category  
South Zone Order of Merit 2025



**RYAN ADVIK** 

Winner: D Category  
South Zone Order of Merit 2025



**ABHIJEET SHARMA** 

Winner: Amateur Category  
Zion Hills South Zone WAGR Golf  
Championship  
at Zion Hills Golf County



**KIAN BHATIA** 

2nd Runner-Up: A Category  
Zion Hills South Zone WAGR Golf  
Championship  
at Zion Hills Golf County



**RYAN ADVIK** 

2nd Runner-Up: D Category  
Zion Hills Jr. Golf Championship  
at Zion Hills Golf County



**ADVAITHA MAHESH** 

Winner: E Category  
Zion Hills Jr. Golf Championship  
at Zion Hills Golf Country



**ARPITHA SHAJI** 

Runner-Up: C Girls Category  
Zion Hills Jr. Golf Championship  
at Zion Hills Golf County



**RYAN ADVIK** 

Runner-Up: Boys 10 Category  
5th Annual Indian Championship  
2025 by U.S. Kids Golf  
at Classic Golf & Country Club



**PRINCE BAINSLA** 

Winner: A Category & Overall  
5th Annual Indian Championship  
2025 by U.S. Kids Golf  
at Classic Golf & Country Club

WITH GRATITUDE





## A GLIMPSE INTO OUR GROWING NETWORK OF SATELLITE CENTRES

**CLOVER  
GREENS**

### TSG CLOVER GREENS BANGALORE

Intensive learning days are fun but gruelling. Long hours of focused work, pressure drills, theory sessions and testing.

The students as always lived up to the challenges thrown at them. This time it included:

- Putting challenges at short, mid, and long distances
- Chipping and flop-shot practice for control and creativity
- Rules quiz to reinforce awareness and smart decision-making on the course



Each session inspires learning, growth, and a love for the game, helping young golfers develop both skills and confidence on the course.



### TSG RCGC CENTRE KOLKATA

RCGC and TSG are shaping the Academy of Excellence, with coaches refining skills, members improving their game, and juniors discovering the joy of golf under high-performance guidance.

Free clinics for ladies and structured sessions are inspiring confidence and passion, while the program is receiving an enthusiastic response from the Eastern region, helping more people grow, learn, and dream big through golf.

#### WITH GRATITUDE





## A GLIMPSE INTO OUR GROWING NETWORK OF SATELLITE CENTRES



### TSG OGC CENTRE OOTY

Golfers in Ooty are slowly but surely warming up to having structured golf lessons at a club that they have been playing at for so many years with no coach.

With Coach Aaseem leading all sessions, juniors are improving steadily and adults are actively participating as enthusiasm for the game grows.

Winter months in Ooty are slow, but enthusiasts have kept up their training through the cold. To encourage youngsters to practice longer hours a Winter Boot Camp was conducted that involved more intensive training.



### BEGUR GOVT. SCHOOL BANGALORE

In December, Coach Hemanth continued strengthening the foundation of golf among students through focused coaching on the half swing. A key highlight this month was the students practicing chipping with real golf balls for the first time, marking an important step in their skill development and confidence.

With growing participation and a well-functioning in-school setup, the program continues to demonstrate how structured golf coaching can thrive within government schools, paving the way for expansion into more such institutions.

#### WITH GRATITUDE



## TESTIMONIALS



"Hi, I'm Dr. Milind Nadkarni from Pune. I'm 64 years old and currently play off an 11.3 handicap, though about five years ago I was at 7.1, and I really miss being at that level. On someone's recommendation, I joined a specialised training programme at the Tarun Sardesai Academy in Kolar, at Zion Hills Golf Course, and that's how I came here.

It's a fantastic facility with very dedicated coaches who work on every aspect of the game—long game, short game, irons, putting, chipping, bunker shots, everything. I would strongly encourage people of my age, and anyone serious about lowering their handicap, to make use of this facility. The community is excellent, with good accommodation, great food in the mess, and a protein-rich, healthy diet. I truly feel that by following the coaches and their drills, golfers can improve their game and achieve a better handicap. All the best."

~ **Milind Nadkarni**

(TSG ZION HILLS GOLF COUNTY, KOLAR)



"I just had a 45-minute session with Mr. Tarun Sardesai. It cleared up a lot of misconceptions for me. I had always been made to believe that golf strength comes entirely from the body and that the club should be moved mainly using the body. Today, I learned that the movement actually involves a lot of the hands and wrists, and the body simply follows. The body's purpose is to provide stability and strength, but the clubhead speed primarily comes from the movement of the hands. This was a big shift in both my understanding and feel, because I could clearly sense that I didn't have to put in as much effort to get the clubhead moving faster compared to what I'm usually used to.

Brilliant session. I'm game for another one anytime. Thanks."

~ **Mr. Ravi Tulsian**

(TSG RCGC CENTER)



NETWORK

## TESTIMONIALS



The facility had a smooth check-in and assigned a coach right away. The coach was friendly and helped understand a few basics and included some putting fun as well. Would love to come back. Thanks Manu

**~ Akhil and Ruchi, Individual Session**

(TSG Clover Greens)



Dhairyा attended a session and he loved it, so he is very keen to pursue golf. He looks onward to weekend for Golf sessions. In general we as family and he are happy and want to pursue this with your academy for next terms and as hobby in long term.

**~ Dinesh Kansara, Father of Dhairyा, Indus School Program**

(TSG Clover Greens)



"I am Preksha, and I joined, uh, TSG Academy in Ooty and for golf. And, uh, it's been going really good. Aseem coach also has helped a lot. And today we went on course, and I could see a lot of improvement compared to, uh, when we went a few weeks back. And overall it's been going very well."

**~ Preksha Praful, Junior Development Program**

(TSG OGC Center)